

Safe Hands
Professional Care

PLANNING AND PROVISION OF CARE SOLUTIONS



ABOUT US

AT safe hands we support young people with complex special needs and disabilities such as Autism (ASC) as well as social , emotional mental health (SEMH), behavioural, physical challenges or a combination of these. Most clients are young adults in transition . Our primary role is to provide supported housing with the added benefit of floating support. This allows the individual supported in a housing to hold a tenancy too.

OUR HOMES

Our homes available to young adults from the ages of 16 through to adulthood , vary in size with each one offering a safe , secure and homely environment designed to ensure that each individual in our care feels comfortable . Together with our well trained staff , we are committed to helping our clients make a positive transition when they are able to move back home or teach them practical skills in preparation for independent living.

Our support is continuously evaluated to ensure that we are meeting our client's needs . We believe that support should be individually tailored and delivered in a variety of environments with a plan that encourages the development of communication, social and life skills as well as academic achievement.

Each resident's individual learning abilities , requirements and support plan is consistently monitored to ensure that support remains proactive ,learning opportunities are maximised and every singular achievement is celebrated.

Our support plans and services allows us to help young people to achieve positive outcomes within a safe environment ,while simultaneously receiving high quality support within a home setting.

This approach is further supported by our in house clinical teams ,recognising each person we support as an individual and tailoring our care or support plans to meet specific needs from the point of admission and throughout their journey with us.

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KEY AREAS OF SUPPORT

- Supported living
- Vulnerable adults with mental health needs
- Substance and Alcohol Misuse
- Hospital discharge
- Learning disability
- Complex needs
- Challenging Behaviour
- Rehabilitation for all levels
- ADHD
- ASD

Offering highly specialised assessment, consultation, reflective practice , supervision and bespoke training , working as a team with others to develop a shared understanding of the client, the resources and practises needed. This ensures that we deliver the highest quality provision which maximises each person 's quality of life and personal achievements

DOMICILLARY CARE SERVICES

- Individual Support packages for Learning Disabilities
- Trained and Specialist Support Staff
- Support at home and within the community
- Delivering and Administration of medication

- Safe hands professional care limited is a health and social care provider business. We offer helpful and friendly care and support services to vulnerable adults who suffer from different conditions that includes but not limited to dementia, Alzheimer's, physical disability, learning disability and mental health who requires support and care to live in their on homes.
- All our support and care packages are tailored to suit the individual's ever changing needs with the aim of promoting their independence. Our registration with the Care Quality Commission allows us to offer the following regulated activities as outlined in the Health and Social Care Act 2008 (Regulated Activities),2014.
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- Health Care Needs
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- -We assist with incontinence care
- -Getting in and out of bed and turning.
- -Assisting with feeding and monitoring the diet.
- -Assisting with prescription ordering and collection.
- -Administering of medication
- -Assisting with bathing, shaving and dressing
- -Assisting with transfers and mobility
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- Social Care Needs
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- -Providing basic cleaning
- -Assist with the booking of health appointments and organising travel arrangements
- -Assist with visiting family and friends and maintaining their relationship where applicable
- -Preparing a weekly shopping list, doing banking and to do the shopping.
- -Assist in taking part in gobies that are of their interest
- - Assist with companionship and interaction
- - Reporting and supervising home maintenance



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OUR STAFF

We ensure our staff are fully trained for any situation, therefore they will receive an induction ,followed by shadow shifts and regular supervisions . As they will be faced with challenging behaviour they will be fully trained in Management of Actual or Potential Aggression (MAPA) -a de – escalation and physical intervention training course . We also provide the PBS- Positive Behaviour Support. Our therapeutic model recognises that all the people we support are individual and our provision is tailored to meet their needs and wishes from the point of admission and throughout their journey with us . Each service's designated team will reflect the needs of the children and young people that live and learn within the schools and or homes, however additional support can also be accessed from other specialist within the wider Clinical Team . This enables us to be responsive to any newly identified, time limited or changing needs of an individual throughout their placement with us.



OUR PURPOSE

Our aim is simple to work with the vulnerable people entrusted to us, step by step , day by day, to help them achieve their potential . Our trained staff and care specialists work in tailored environments to help them make progressive incremental improvements. We monitor the progress of each of our residents very carefully, adjusting their individual development plans as necessary. We take the lead in liaising with carers and families and involving the relevant agencies and authorities to build the appropriate care around the needs of those we look after.

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"We deliver an integrated Support and Care service supported by therapy , which provides much stronger outcomes for the people in our care . Seeing progress and building incredible futures is what drives us. We deliver a bespoke service best suited to that individual."

Vellour Nyambiya - Director

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